



C&M Aquatic Centre

March 2025
Newsletter

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www.cmaquaticcentre.com.au

Important Dates

- Easter Egg Guessing Competition Starts Monday 3rd March
-  Safety Week - Monday 3rd March to Saturday 8th March
- Race Night - Friday 28th March
- Banks Outstanding Sports Achievement Award Presentation
6:45pm Friday 11th April 2025
- **FUN & SAFETY WEEK** Last week of Term 1 - Theme "Easter"



Monday 7th April to Saturday 12th April 2025

Annual Easter Egg Guessing Competition

Starts Monday 3rd March

Two lucky winners will take home an Easter Basket filled with delicious chocolate Eggs!

How to Enter:

Guess how many Chocolate eggs are in Basket 1 or Basket 2, which will be displayed in our reception area, and comment with your guess on our C&M Aquatic Centre Facebook page.

Competition Rules:

- ✓ Entrants must like C&M Aquatic Centre Facebook page.
- ✓ Entrants must be enrolled in lessons at C&M Aquatic Centre.
- ✓ One guess per person, per basket.
- ✓ Entries close Saturday 28th March 2025.
- 🏆 Winners announced Monday 31st March 2025



UPCOMING RACE NIGHTS

For Students in Fish, Dolphin, Marlin Bronze & Silver

Arrive 6:45pm for a 7pm Start

\$3.00 per competitor

Register your attendance on your Online Portal



Friday 28th March

RACE 1:-FREESTYLE

RACE 2:-BREASTSTROKE

Optional Race 2:- Backstroke

Distance 25m

(For Fish level)

Banks Outstanding Sporting Achievement Awards Presentation & Race Night



Friday 11th April at 6:45pm

RACE 1:-FREESTYLE

RACE 2:- BUTTERFLY

DISTANCE 25 METRES OR 50 METRES

Optional Race 2:- Backstroke

Distance 25 METRES

(For Fish & DOLPHIN level)



Award Presentation

Join us for a special Race Night event with a special guest, David Coleman MP who will be presenting the **Banks Outstanding Sporting Achievement Awards** to the students who have been commended for their ongoing Swimming commitments, dedication & attendance at C&M Aquatic Centre



Presented By
Hon David Coleman MP

WEEK 5 SAFETY WEEK

Monday 3rd to Saturday 8th March

Swimming in different water environments can **SHOCK** the best of swimmers!



Our lesson plans enhance water safety awareness, build confidence & better prepare our students for challenges they may face in and around any water environment.

What you need for your lesson

- Swimming Cap
- Light summer clothing or pyjamas (to wear over your swimwear)
- Bag for wet clothing
- Squad equipment (if in squads)

Swimming Carnival Achievements



Congratulations to Kentiah & Zaliyah

Congratulations Kentiah and Zaliyah for their outstanding achievements at the Sydney Catholic School Swimming Carnival! Qualifying for the Sydney Championships, breaking many of their personal best times and receiving well deserved medals for all heats entered!

C&M Aquatic Centre are incredibly proud of your hard work & dedication!

Congratulations to all our students who took part in their school swimming carnivals! We'd love to celebrate your participation and achievements by displaying a photo on our notice board. If you'd like to share a photo of your child at their carnival or highlight their accomplishments, please email us at contact@cmaquaticcentre.com.au.



Easter Fun Week

Monday 7th April to Saturday 12th April



In the lead up to Easter C&M Aquatic Centre invite students to dress up along with our instructors for some hopping Fun.

Students who choose to dress up can have their photo taken for our theme board and receive the “*Jenny Award*” for participating!

Coming Up for the April school holidays!

WEEK 1:- Monday 14th to Thursday 17th April (4 DAYS)

WEEK 2:- Tuesday 22nd to Thursday 24th April (3 DAYS)



Intensive program or Flexible bookings

Squads & Stroke Correction Classes




SWIM CLINIC

Swim Camp





BEHIND THE SCENES

During the school holidays the owners Colin & Margaret joined their team in the water and provide beneficial training & personal development skills for all their team members.

Ensuring that quality lesson plans are taught to your child
Thank you to all the students who participated. We hope you too gained valuable skills.



Mark Speakman MP



Eleni Petinos MP

C&M Aquatic Centre on 10th February were invited to attend the NSW opposition Community Cabinet to discuss key issues impacting our region, discuss community concerns, and explore collaborative solutions to benefit all