



C&M Aquatic Centre

APRIL/MAY 2019 NEWSLETTER

Welcome back for Term 2 to another exciting term of swimming lessons at C&M Aquatic Centre.

Important Dates:

- **TERM 2 DATES - MONDAY 29TH APRIL TO SATURDAY 6TH JULY**
10 week Term
- **Week 5 SAFETY WEEK - 27th May to 1st June**
- **Week 9 only - Monday 24th June till Saturday 29th June -**
Puddle Pics Underwater Photography
- **Week 10 FUN & SAFETY WEEK - Monday 1st July to 6th July**

Classes will be operating as normal on pupil free day Monday 29th April 2019

MAKE UP LESSONS

- Notification of absence must be **2 hours prior** to your swimming lesson to be eligible for a make up lesson.
- Only **ONE make up lesson per month** per booking.
- **Make up lessons are only valid for 30 days.**
- Make up lesson will be forfeited if non attendance or cancellation with no refund.
- Make up lessons are not guaranteed and cannot be rescheduled.

• Cancellation of your child's booking, all owing make ups will be forfeited with no refund.



PUDDLE PICS are coming back!

Puddle Pics, an independent underwater photographer, will be coming to our centre from:

Monday 24th June to Saturday 29th June

Get your best cossie ready and smile for the underwater camera. No booking is required. To organise your photos please see the Puddle Pic's representatives who will be stationed in our reception area on the day of your child's swimming lesson.

All photos can be viewed and purchased after your child's swimming lesson.



Get your child ready for Summer and keep swimming!

Stopping swimming during the cooler months can cause your child to regress with their swimming skills. Our indoor pool is nicely heated to 30 degrees throughout the cooler months and temperatures in the centre are warm and cosy, keeping students and parents smiling all year through.

FACT

As the cooler months approach many of us quit swimming as a precautionary measure to keep away from colds and flu, but this is an old wives tale!

Swimming during the cooler months is scientifically proven to boost the immune system, metabolism, strengthens the muscles and improves lung function.



Tips for keeping warm during the cooler months

- Swimming caps have a number of benefits including keeping your child's head warm even after their lesson.
- Fabric caps not recommended during the cooler months.
- Wearing a coat/dressing gown, beanie and warm boots will help protect your child from cool winds as they travel to and from the centre.

**CONGRATULATIONS TO OUR EASTER EGG COMPETITION
WINNERS FOR GUESSING THE EXACT NUMBER
OF EGGS IN THE JARS.**

**Thank you to all who participated in our annual
Easter Egg Competition.**

WINNER OF THE PINK JAR

NASH DREDGE

93 EASTER EGGS

WINNER OF THE BLUE JAR

GRACE & LUCY BALMFORTH

101 EASTER EGGS



PARENTMEDIC PILOT

On Tuesday, 26th March 2019, C & M Aquatic Centre took part in the Parentmedic Pilot brought to us by the Australian Swim School Association. The pilot offered FREE CPR to families and was conducted by a Licensed Paramedic Educator. Parents and guardians were extremely happy with the content covered and showed great interest in future classes to be conducted here at C & M Aquatic Centre.



We're Hiring - Swimming Instructors!

If you like the water, love kids and enjoy teaching...this is an incredible & most rewarding job!

- On the job training
- Amazing team
- Flexible hours
- Great work/life balance
- No experience necessary
- Qualifications to be obtained through Austswim / Swim Australia

This is truly the ideal part time job!

For further information or to apply please click the link below

<https://cmaquaticcentre.com.au/employment.htm>

FACEBOOK

WEBSITE

HOW TO CONTACT US

Call us on **9774 2297**.

If we do not answer then please leave a voice message with your name and contact number as we will return your call **asap** during our working hours.

Alternatively you can send us a text message only to **0437 286 784** and we will get back to you **asap** during our working hours.

You can also email us at **contact@cmaquaticcentre.com.au**

You are receiving this email as you are either currently swimming or have previously swam at C & M Aquatic Centre.

Our mailing address is:

C & M Aquatic Centre

27 Cahors Road Padstow 2211